

CHNP Partners



Hmong Women's Heritage Association

2245 Florin Road
Sacramento, CA 95822
Phone: (916) 394-1405
FAX: (916) 392-9326



Southeast Asian Assistance Center

5625 24th Street
Sacramento, CA 95822
Phone: (916) 421-1036
FAX: (916) 421-6731



Cover the Kids

1331 Garden Highway
Sacramento, CA · 95833
Phone: (916) 808-3838
Toll-free: (866) 850-4321

Collaborations have been established with additional agencies including:

- Community Health Clinics in the Sacramento Area
- Legal Service Agencies
- Local School Districts

If you are interested in joining our collaborative effort to increase over-all health access, please contact:

Ashley Tolle, M.A.
Program Manager
(916) 447-7222
atolle@capitolhealthnetwork.org

For More Information, Please Contact:



Capitol
Community
Health
Network

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Community Health Navigator Program

For More Information on the Building Healthy Communities, please visit
<http://www.mycalconnect.org/sacramento>





Community Health Navigator Program



WHAT IS CHNP?

CHNP is part of the Building Healthy Communities (BHC) through the California Endowment and was developed to bring Community Health Navigator services to the residents of the BHC South Sacramento area. Collaborative partnerships involving agencies which serve specific cultures within the area have been developed to accomplish this.

CHNP is a two year pilot program that focuses on Southeast Asian communities during the initial year and expands in the second year to include the Latino community.

<u>Year 1</u>	<u>Year 2</u>
Hmong	Hmong
Vietnamese	Vietnamese
Cambodian	Cambodian
Mien	Mien
	Latino

Throughout the pilot phase, CHNP will develop, test and validate techniques and materials which can form the basis of an on-going, conceivably self-sustaining program serving the needs of any number of clearly identifiable cultural sub-communities.



Scope of Work

Trained community members, designated as Community Health Coordinators & Navigators (CHNs), will promote health awareness and prevention among the residents of their community. They will assist residents who need healthcare services in accessing those services and connecting with a healthcare home.

Clients with chronic health conditions will receive assistance from the CHNs that is designed to help improve the management of their disease. Such assistance may include:

- Scheduling appointments
- Transportation
- Attending appointments
- Interpretation
- Completion of paperwork
- Understanding prescriptions and ensuring they are filled and refilled appropriately
- Creating task calendars to serve as reminders for certain activities
- Providing health education resources
- Facilitating discussions with family and community members



The Program will work directly with partners among the several community clinics. The CHNs will work with all partners and be trained to provide basic health education and referrals for a wide range of services, as well as assisting community residents in navigating the health and social services system.

Program Goals

Goal 1: Heightened awareness of healthcare and healthy living issues, and a community sense of controlling those aspects of their lives, by cultural communities with in the BHC South Sacramento area.

Goal 2: Access to appropriate, culturally competent healthcare services for uninsured and underinsured residents of the BHC South Sacramento area.